

# Woltemade Hartman Ph.D

## International Training Programme 2025

















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 Clinical and Educational Psychologist  
 Licensed Psychotherapist  
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**Caveat: This programme is subject to change without prior notice**











**This programme is presented in chronological order, according to the workshop dates**










**Please contact the workshop organizers, indicated on the programme, directly for more information and registration procedures.**










Country	City	Date	Workshop	Institute and contact details for information and registration
China 	Beijing	8-10 January 2025  11-12 January 2025	Ego State Therapy Seminar 2  Body Trance 2: A combined Ego State Therapy and hypno-somatic approach	Chinese Society of Hypnosis Han
Online 	Online	16-18 January 2025	Ego-State-Coaching and Counselling Module 1	Dr Woltemade Hartman <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> <a href="https://www.woltemadehartman.com/">https://www.woltemadehartman.com/</a> <a href="https://www.woltemadehartman.com/registration-english-escs-workshops.php">https://www.woltemadehartman.com/registration-english-escs-workshops.php</a>
South Africa 	Mabula Lodge	3-8 February 2025	MEISA Psychotherapy Congress Mabula Game Lodge Trauma, Treasures, Trance and Transformation	Milton H.Erickson Institutes of South Africa Hanlé Marais <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> <a href="https://www.woltemadehartman.com/meisa-psychotherapy-congress-2025.php">https://www.woltemadehartman.com/meisa-psychotherapy-congress-2025.php</a>
Online 	Berlin	13. February 2025	Polyvagal Akademie Module 1	Polyvagal Akademie <a href="mailto:info@polyvagal-akademie.com">info@polyvagal-akademie.com</a> <a href="https://polyvagal-akademie.com/">https://polyvagal-akademie.com/</a>












Germany 	Wiesbaden Online	14-15 February 2025	Ego-State-Therapie Interventionen für die Verarbeitung von Scham-und Schuldgefühlen	Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie Dr. med. Christoph Quade Claudia Müller-Quade info@wietra-international.com : www.wietra-international.com
Online 	Online	16-18 February 2025	Ego State Coaching und Counselling Teil 2 German 09:00-17:00 German Time	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> info@meisa.co.za
Online 	Online	19. February 2025	Online Ego State Therapy Group Supervision English 18:00-21:00	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> info@meisa.co.za
Online 	Online	23. February 2025	Online Ego State Therapy Group Supervision German 17:00-20:00	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> info@meisa.co.za
Online 	Berlin	20. February 2025	Polyvagal Akademie Module 2	Polyvagal Akademie info@polyvagal-akademie.com <a href="https://polyvagal-akademie.com/">https://polyvagal-akademie.com/</a>
Turkiye 	Online	21-23 February 2025	Ego State Therapy Seminar 1	Cem Dogan iletisimcemdogan@gmail.com desenpsikoloji@gmail.com
Austria 	Vienna	26-28 February 2025 1-3 March 2025	Ego-State-Therapie Seminar 1 Ego-State-Therapie Seminar 2	Milton Erickson Institute of Austria Stefan Wiesel office@hypno-mega.at <a href="http://www.hypno-mega.at/seminare">www.hypno-mega.at/seminare</a>
	Graz	3-4 March 2025	Ego-State-Therapie: ein psychosomatischer Ansatz Teil 1	Milton Erickson Institut Graz office@mei-graz.at Kathrin Kren
	Graz	5-6 March 2025	Ego-State-Therapie Seminar 6	Milton Erickson Institut Graz office@mei-graz.at Kathrin Kren
	Vienna	7-8 March 2025	Body Talk: Somatische Psychotherapie, klinische Hypnose, Somatic Experiencing und Polyvagaltheorie bei Traumafolgestörungen kreativ kombinieren: ein Demonstrations-Workshop	Martina Gross Hypno-Synstitut gross@hypno-synstitut.at









Germany 	Wiesbaden	9-11 March 2025	Ego-State-Therapie Seminar 1	Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie Dr. med. Christoph Quade Claudia Müller-Quade info@wietra-international.com : www.wietra-international.com
	Wiesbaden	12-13 March 2025	Ego-State-Therapie Seminar 2	Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie Dr. med. Christoph Quade Claudia Müller-Quade info@wietra-international.com : www.wietra-international.com
	Köln	14-16 March 2025	Ego-State-Therapie Seminar 1	Kita Traumatherapie Margarethe Kruczek-Schumacher kruczek.schumacher@freenet.de <a href="https://www.kita-traumatherapie.de">https://www.kita-traumatherapie.de</a>
	Müllheim-Baden	18-19 March 2025	Seminar 1: Topic to be announced	Auditorium Netzwerk Petra Alber petra.alber@auditorium-netzwerk.de
	München	21-22 March 2025	Polyvagale Theorie, somatische Psychotherapie, Berührung und klinische Hypnose kreativ bei Traumafolgestörungen kombinieren: ein Demonstrationsworkshop	MEG München Birgit Hilse jii@meg-muenchen.de <a href="http://www.meg-muenchen.de">www.meg-muenchen.de</a>
	Wiesbaden	24-26 March 2025	Ego-State-Therapie: ein psychosomatischer Ansatz Teil 3 mit Eye-Movement-Reintegration	Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie Dr. med. Christoph Quade Claudia Müller-Quade info@wietra-international.com : www.wietra-international.com
	Kassel	27-29 March 2025 28. March 2025	MEG Jahrestagung Du wirst immer in meinem Herzen sein: Trauer als Ressource in der Psychotherapie. Workshop mit Live-Demonstrationen	Milton H. Erickson Gesellschaft <a href="https://www.meg-hypnose.de/veranstaltungen">https://www.meg-hypnose.de/veranstaltungen</a> kontakt@meg-hypnose.de
Australia 	Sydney Online 	2-4 April 2025	Ego State Therapy Seminar 1	Australian Institute of Clinical Hypnosis and Psychotherapy Carl Hattingh info@aichp.com.au <a href="https://www.aichp.com.au/">https://www.aichp.com.au/</a>

Online 	Online	7-8 April 2025	Ego-State-Coaching and Counselling Module 2	Dr Woltemade Hartman <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> <a href="https://www.woltemadehartman.com/">https://www.woltemadehartman.com/</a> <a href="https://www.woltemadehartman.com/registration-english-escs-workshops.php">https://www.woltemadehartman.com/registration-english-escs-workshops.php</a>
Online 	Online	9. April 2025	Online Ego State Therapy Group Supervision English 18:00-21:00	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a>
Japan 	Online 	12-13 April 2025	Grief as a Resource in Psychotherapy	Ego State Therapy Japan Yoshikazu Fukui <a href="mailto:yfukui@konan-u.ac.jp">yfukui@konan-u.ac.jp</a> Seiko Saito <a href="mailto:workshop@egostatetherapy.jp">workshop@egostatetherapy.jp</a>
Online 	Online	23-25 April 2025	Ego State Coaching und Counselling Teil 3 German 09:00-17:00 German Time	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a>
Online 	Online	27. April 2025	Online Ego State Therapy Group Supervision German 17:00-20:00	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a>
Germany 	Würzburg	1-3 May 2025	Reden Reicht Nicht	Trenkle Organisation Bernhard Trenkle Susanne Roth <a href="https://www.redenreichnicht.de/">https://www.redenreichnicht.de/</a>
Germany 	Müllheim-Baden	20-21 May 2025	Seminar 2: Topic to be announced	Auditorium Netzwerk Petra Alber <a href="mailto:petra.alber@auditorium-netzwerk.de">petra.alber@auditorium-netzwerk.de</a>
Austria 	Graz	1. June 2025 2-3 June 2025 4-5 June 2025	Ego-State- Therapy Gruppensupervision Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2 Ego-State-Therapy Seminar 8	Milton Erickson Institut Graz <a href="mailto:office@mei-graz.at">office@mei-graz.at</a> Kathrin Kren
Germany 	Müllheim-Baden	13-14 June 2025	Seminar 3: Topic to be announced	Auditorium Netzwerk Petra Alber <a href="mailto:petra.alber@auditorium-netzwerk.de">petra.alber@auditorium-netzwerk.de</a>

Switzerland 	Zürich	20-22 June 2025	Hypnosystemische Tagung	Institut für Systemische Entwicklung und Fortbildung <a href="https://www.ief-zh.ch/">https://www.ief-zh.ch/</a>
Germany 	Wiesbaden	23-24 March 2025 25-26 March 2025	Ego-State-Therapie Seminar 4 Ego-State-Therapie Seminar 5	Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie Dr. med. Christoph Quade Claudia Müller-Quade info@wietra-international.com : www.wietra-international.com
	Köln	27-28 June 2025 29-30 June 2025	Ego-State-Therapie: ein psychosomatischer Ansatz Teil 1 Ego-State-Therapie Seminar 2	Kita Traumatherapie Margarethe Kruczek-Schumacher <a href="mailto:kruczek.schumacher@freenet.de">kruczek.schumacher@freenet.de</a> <a href="https://www.kita-traumatherapie.de">https://www.kita-traumatherapie.de</a>
	Coesfeld	4-5 July 2025	Ego-State-Therapie Seminar 2	Westfälische Institut für Hypnose und Hypnotherapie Dipl.-Psych. Dr. Helga Hüsken-Janßen <a href="mailto:kontakt@weiterbildungsinstitut-hypnose.de">kontakt@weiterbildungsinstitut-hypnose.de</a>
Online 	Online	9. July 2025	Online Ego State Therapy Group Supervision English 18:00-21:00	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a>
China 	Beijing	10-14 July 2025	2nd Asian Congress of Clinical Hypnosis (ACCH)	Chinese Institute of Ericksonian Clinical Hypnosis Contact person: Eva Li <a href="mailto:vip@zdzh-psy.com">vip@zdzh-psy.com</a>
China 	Beijing	19-23 July 2025 24-25 July 2025	Ego State Therapy Seminar 3 Body Trance 3: A combined Ego State Therapy and hypno-somatic approach	Chinese Society of Hypnosis Han
Japan 	Online 	2. August 2025	Ego State Therapy Advanced Master Demonstration	Ego State Therapy Japan Yoshikazu Fukui <a href="mailto:yfukui@konan-u.ac.jp">yfukui@konan-u.ac.jp</a> Seiko Saito <a href="mailto:workshop@egostatetherapy.jp">workshop@egostatetherapy.jp</a>

<p>Online</p> 	Online	6-8 August 2025	Ego-State-Coaching and Counselling Module 3 English	<p>Dr Woltemade Hartman</p> <p><a href="mailto:info@meisa.co.za">info@meisa.co.za</a></p> <p><a href="https://www.woltemadehartman.com/">https://www.woltemadehartman.com/</a></p> <p><a href="https://www.woltemadehartman.com/registration-english-escc-workshops.php">https://www.woltemadehartman.com/registration-english-escc-workshops.php</a></p>
<p>Online</p> 	Online	11-13 August 2025	Ego-State-Coaching und Counselling Teil 4 German 09:00-17:00 German Time	<p>Dr Woltemade Hartman</p> <p><a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a></p> <p><a href="mailto:info@meisa.co.za">info@meisa.co.za</a></p>
<p>Türkiye</p> 	Online	16-17 August 2025	Ego State Therapy Seminar 2	<p>Cem Dogan</p> <p><a href="mailto:iletisimcemdogan@gmail.com">iletisimcemdogan@gmail.com</a></p> <p><a href="mailto:desenpsikoloji@gmail.com">desenpsikoloji@gmail.com</a></p>
<p>Australia</p> 	<p>Sydney</p> <p>Online</p> 	18-20 August 2025	Ego State Therapy Seminar 4	<p>Australian Institute of Clinical Hypnosis and Psychotherapy</p> <p>Carl Hattingh</p> <p><a href="mailto:info@aichp.com.au">info@aichp.com.au</a></p> <p><a href="https://www.aichp.com.au/">https://www.aichp.com.au/</a></p>
<p>Germany</p> 	Wiesbaden	2-3 September 2025	Ego-State-Therapie Seminar 6	<p>Wiesbadener Institut für Traumatherapie:</p> <p>Woltemade Hartman Institut für Ego-State-Therapie</p> <p>Dr. med. Christoph Quade</p> <p>Claudia Müller-Quade</p> <p><a href="mailto:info@wietra-international.com">info@wietra-international.com</a> : <a href="http://www.wietra-international.com">www.wietra-international.com</a></p>
	Köln	<p>4-5 September 2025</p> <p>6-7 September 2025</p> <p>8-9 September 2025</p>	<p>Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2</p> <p>Ego-State-Therapie Seminar 3</p> <p>Ego-State-Therapie Seminar 4</p>	<p>Kita Traumatherapie</p> <p>Margarethe Kruczek-Schumacher</p> <p><a href="mailto:kruczek.schumacher@freenet.de">kruczek.schumacher@freenet.de</a></p> <p><a href="https://www.kita-traumatherapie.de">https://www.kita-traumatherapie.de</a></p>
<p>Austria</p> 	Vienna	<p>10-12 September 2025</p> <p>13-14 September 2025</p>	<p>Ego-State-Therapie Seminar 5</p> <p>Ego-State-Therapie Seminar 6</p>	<p>Milton Erickson Institute of Austria</p> <p>Stefan Wiesel</p> <p><a href="mailto:office@hypno-mega.at">office@hypno-mega.at</a></p> <p><a href="http://www.hypno-mega.at/seminare">www.hypno-mega.at/seminare</a></p>
<p>Switzerland</p> 	Zürich	26-27 September 2025	<p>Ego-State-Therapie, Körperarbeit und klinische Hypnose:</p> <p>Ein wirksames Trio bei Traumafolgestörungen.</p> <p>Ein Workshop mit Live Demonstrationen</p>	<p>Dr Silvia Zanotta</p> <p><a href="http://www.egostatetherapie.ch">www.egostatetherapie.ch</a></p>

<p>Australia</p> 	<p>Sydney Online</p> 	<p>1-3 October 2025</p>	<p>Ego State Therapy Seminar 5</p>	<p>Australian Institute of Clinical Hypnosis and Psychotherapy Carl Hattingh <a href="mailto:info@aichp.com.au">info@aichp.com.au</a> <a href="https://www.aichp.com.au/">https://www.aichp.com.au/</a></p>
<p>Online</p> 	<p>Online</p>	<p>5. October 2025</p>	<p>Online Ego State Therapy Group Supervision German 17:00-20:00</p>	<p>Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a></p>
<p>Online</p> 	<p>Online</p>	<p>15-16 October 2025</p>	<p>Ego-State-Coaching and Counselling Module 4 English</p>	<p>Dr Woltemade Hartman <a href="mailto:info@meisa.co.za">info@meisa.co.za</a> <a href="https://www.woltemadehartman.com/">https://www.woltemadehartman.com/</a> <a href="https://www.woltemadehartman.com/registration-english-escs-workshops.php">https://www.woltemadehartman.com/registration-english-escs-workshops.php</a></p>
<p>Online</p> 	<p>Online</p>	<p>15. October 2025</p>	<p>Online Ego State Therapy Group Supervision English 18:00-21:00</p>	<p>Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a></p>
<p>Türkiye</p> 	<p>Online</p> 	<p>18-19 October 2025</p>	<p>Ego State Therapy Seminar 3</p>	<p>Cem Dogan <a href="mailto:iletisimcemdogan@gmail.com">iletisimcemdogan@gmail.com</a> <a href="mailto:desenpsikoloji@gmail.com">desenpsikoloji@gmail.com</a></p>
<p>Germany</p> 	<p>München</p>	<p>24-26 October 2025</p>	<p>Ego-State-Therapie Seminar 1</p>	<p>MEG-München Birgit Hilse <a href="mailto:iit@meg-muenchen.de">iit@meg-muenchen.de</a> <a href="http://www.meg-muenchen.de">www.meg-muenchen.de</a></p>
	<p>Würzburg</p>	<p>31 October 2025 - 2. November 2025</p>	<p>Teile Therapie Tagung</p>	<p>Trenkle Organisation Bernhard Trenkle <a href="mailto:kontakt@meg-rottweil.de">kontakt@meg-rottweil.de</a></p>
	<p>Wiesbaden</p>	<p>3-4 November 2025</p>	<p>Ego-State-Therapie: ein psychosomatischer Ansatz Teil 1</p>	<p>Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie Dr. med. Christoph Quade Claudia Müller-Quade <a href="mailto:info@wietra-international.com">info@wietra-international.com</a> : <a href="http://www.wietra-international.com">www.wietra-international.com</a></p>
	<p>Bielefeld</p>	<p>7-8 November 2025</p>	<p>Polyvagal Theorie, somatische Psychotherapie, Berührung und klinische Hypnose kreativ bei Traumafolgestörungen kombinieren: ein Demonstrationsworkshop</p>	<p>Ghita Benaguid MEG Bielefeld <a href="http://www.meg-bielefeld.de">www.meg-bielefeld.de</a> <a href="mailto:info@meg-bielefeld.de">info@meg-bielefeld.de</a></p>

	Bad Lippspringe	13-15 November 2025	Deutsche Gesellschaft für Hypnose und Hypnotherapie Kongress	dgh-geschaefsstelle@t-online.de <a href="mailto:info@dgh-hypnose.de">info@dgh-hypnose.de</a>
Austria 	Graz	16-17 November 2025	Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2	Milton Erickson Institut Graz <a href="mailto:office@mei-graz.at">office@mei-graz.at</a> Kathrin Kren
Germany 	Wiesbaden	19-20 November 2025 21-22 November 2025 23-25 November 2025	Ego-State-Therapie Seminar 7 Ego-State-Therapie Seminar 8 Ego-State-Coaching und Counselling Teil 3	Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie Dr. med. Christoph Quade Claudia Müller-Quade <a href="mailto:info@wietra-international.com">info@wietra-international.com</a> : <a href="http://www.wietra-international.com">www.wietra-international.com</a>
Austria 	Vienna Hybrid Seminar	28-29 November 2025	Du wirst immer in meinem Herzen sein: Trauer als Ressource in der Psychotherapie	Milton Erickson Institute of Austria Stefan Wiesel <a href="mailto:office@hypno-mega.at">office@hypno-mega.at</a> <a href="http://www.hypno-mega.at/seminare">www.hypno-mega.at/seminare</a>
Online 	Online	7. December 2025	Online Ego State Therapy Group Supervision German 17:00-20:00	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a>
Online 	Online	10. December 2025	Online Ego State Therapy Group Supervision English 18:00-21:00	Dr Woltemade Hartman <a href="http://www.woltemadehartman.com">www.woltemadehartman.com</a> <a href="mailto:info@meisa.co.za">info@meisa.co.za</a>
Japan 	Online To be confirmed 	14. December 2025	Ego State Therapy Advanced Master Demonstration	Ego State Therapy Japan Yoshikazu Fukui <a href="mailto:yfukui@konan-u.ac.jp">yfukui@konan-u.ac.jp</a> Seiko Saito <a href="mailto:workshop@egostatetherapy.jp">workshop@egostatetherapy.jp</a>