

CURRICULUM VITAE

Name Woltemade Hartman (Ph.D)

Present Position

- ◆ Registered Clinical and Educational Psychologist
- ◆ Work in the fields of Neuropsychology, Forensics Psychology and Psychotherapy
- ◆ Director of the Milton H Erickson Institutes of South Africa (MEISA)
- ◆ President of Ego State Therapy International (ESTI)
- ◆ Private Practice in Faerie Glen, Pretoria, South Africa
- ◆ Visiting lecturer and Senior Research Fellow at the University of Johannesburg
- ◆ Accredited Psychotherapy trainer in Germany, Austria and Switzerland

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Qualifications

- BA.Ed (Psychology) (1981) Rand Afrikaans University (RAU)
- BA Psychology (Honours) Cum Laude (1982) Rand Afrikaans University (RAU)
- B.Ed (Psychology)(Honours) Cum Laude (1985) Rand Afrikaans University (RAU)

- M.Ed (Psychology) Cum Laude (1988) Rand Afrikaans University (RAU)
- Ph.D (Clinical Hypnosis) (1994) University of Pretoria (UP)

<p>School, Academic, Practical and Professional Training</p>

- 1965 - 1971: West Rand Cons Primary School and Krugersdorp-North Primary School, South Africa
- 1972: Grade 8 - Monument High School, South Africa
- 1973: Grade 9 - International School, Horn bei Schwangau, Ost-Allgäu, Germany
- 1974 - 1976: Grade 10-12 - Monument High School, South Africa
- 1977 - 1980: Training as a high school teacher - BA.Ed (Psychology) Rand Afrikaans University (RAU). Major subjects - German and Psychology
- 1981: BA Psychology (Honours) (Cum Laude) Rand Afrikaans University (RAU)
- 1982 - 1983: Teaching German at Monument High School
- 1984 - 1985: B.Ed (Psychology)(Honours)(Cum Laude) Rand Afrikaans University (RAU)
- 1986: M.Ed (Masters Degree in Educational Psychology)(Cum Laude) Rand Afrikaans University (RAU)
- 1987: Internship - Educational Psychology, Supervisors - Prof C J Lamprecht and Prof M C Grovè. Rand Afrikaans University (RAU)
- 1988 - 1989: Two year compulsory military service in the South African Defense Force and South African Prison Services. Work as intern-counselling psychologist

- 1988 - 1989: Internship - Counselling Psychology. Supervisors - Prof Malan Heyns and Prof M C Grovè. Rand Afrikaans University (RAU)
- 1989: Elementary course in Clinical Hypnosis. South African Society of Clinical Hypnosis. Supervisors - Dr Jules Leeb and Dr Louise Olivier
- 1990: Since 1990 in private practice in Johannesburg and in Pretoria, South Africa
- 1990: 5th European Congress of Hypnosis in Psychotherapy and Psychosomatic medicine. University of Constance. Germany. (18 - 24 August 1990). Basic and advanced training in Clinical Hypnosis and Ego State Therapy. Supervisors - Prof J G Watkins and Mrs H H Watkins
- 1991(July): Advanced course in Clinical Hypnosis. South African Society of Clinical Hypnosis. Supervisors - Dr Jules Leeb and Dr Louise Olivier
- 1991: Clinical Hypnosis and Applications of Ego State Therapy. Theory and Practice. Supervisors - Prof J G Watkins (Ph.D) and Mrs H H Watkins (MA Clinical Psychology). University of Montana, USA
- 1992: 12th International Congress of Hypnosis. Ericksonian Hypnosis and Psychotherapy. Arts - Facts - Artifacts. A Joint Conference. Jerusalem. Israel. (25 - 31 July 1992). Basic and Advanced training in Clinical Hypnosis, Ego State Therapy and Ericksonian Hypnotherapy. Supervisors Prof J G Watkins and Mrs H H Watkins, Dr J K Zeig and Dr E Rossi
- 1991 - 1993: Ph.D (Clinical Hypnosis)(Cum Laude). Ego State Therapy with Sexually Traumatized Children. University of Pretoria (UP)
- 1993 (August): 6th European Congress of Hypnosis. Vienna. Austria. (14 - 20 August 1993). Basic and advanced training in Clinical Hypnosis and Ego State Therapy. Supervisors - Dr E Fromm, Prof J G Watkins and Mrs H H Watkins, Dr M Phillips and Dr C Frederick

- 1993(December): Diplomate Examination of the South African Society of Clinical Hypnosis
- 1994(February): Clinical Hypnosis and Applications of Traumatic Separation Theory and Neurolinguistic Programming. Theory and Practice. Johannesburg. South Africa. (1 - 14 February 1994). Supervisor - Dr D Ebrahim
- 1994(August): 13th International Congress of Hypnosis. Melbourne. Australia. (6 - 12 August 1994). Basic and advanced training in Clinical Hypnosis, Ego State Therapy and Ericksonian Hypnotherapy. Supervisors - Dr E Fromm, Dr M Phillips and Dr C Frederick
- 1995(June): Fundamental and Intermediate Training in Ericksonian Approaches to Hypnosis and Psychotherapy. (First course). Milton H. Erickson Foundation. Phoenix. Arizona. USA. (12 - 26 June 1995). Supervisors - Dr B B Geary and Dr J K Zeig
- 1995(July): Clinical Hypnosis and Applications of Traumatic Separation Theory. Advanced Course. Coventry. England. (1-7 July 1995). Supervisor - Dr D Ebrahim
- 1995(October): 1st Africa Congress in Clinical Hypnosis and Psychosomatic Medicine. Sun City. South Africa. (15 - 19 October 1995). Basic and advanced training in Ericksonian techniques and Traumatic Separation Theory. Supervisors - Dr J K Zeig and Dr D Ebrahim
- 1996(March): Fundamental and Intermediate Training in Ericksonian Approaches to Hypnosis and Psychotherapy. (Second course). Milton H. Erickson Foundation. Phoenix. Arizona. USA. (4 - 15 March 1996). Supervisors - Dr B B Geary and Dr J K Zeig
- 1996(April): Advanced Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Milton H. Erickson Foundation. Phoenix. Arizona. USA. (15 - 19 April 1996). Supervisors - Dr B B Geary and Dr J K Zeig
- 1996(May): Advanced Training in Traumatic Separation Theory and Practice. Stockholm, Sweden. (2 - 4 May 1996). Supervisor - Dr D Ebrahim

- 1997(March): Hypnotic Interventions: Comparing the Techniques of the Masters. The South African Society of Clinical Hypnosis. Pretoria. South Africa. (15 - 20 March 1997). Advanced training in Ego State Therapy, Ericksonian Approaches and Traumatic Separation Theory. Theory and Practice. Supervisors - Dr D Ebrahim, Dr B B Geary, Prof J G Watkins and Mrs H H Watkins
- 1997(June): 14th International Congress of Hypnosis. San Diego. California. USA. (21 - 27 June 1997). Basic and Advanced Training in Clinical Hypnosis, Ego State Therapy , Ericksonian Approaches and Traumatic Separation Theory. Supervisors - Prof J G Watkins and Mrs H H Watkins, Dr M Phillips, Dr C Frederick, Dr J K Zeig, Dr E Fromm and Dr D Ebrahim
- 1998(February): Advanced Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Johannesburg. South Africa. (24 - 27 February 1998). Supervisor - Dr B B Geary
- 1998: The 3rd European Congress on Ericksonian Hypnosis and Psychotherapy "The New Hypnosis". Venice. Italy. (25 - 29 November 1998). Basic and advanced training in Clinical Hypnosis, Ego State Therapy and Ericksonian Approaches. Supervisors - Dr C Frederick, Dr S McNeal, B Trenkle (Dipl-Psych) and Dr B B Geary
- 1999: 8th European Congress on Hypnosis in Psychotherapy and Psychosomatic Medicine. Noordwijkerhout. The Netherlands. (14 - 19 August 1999). Basic and advanced training in Ego State Therapy. Supervisors - Dr C Frederick, Dr S McNeal, Prof J G Watkins and Mrs H H Watkins
- 1999: 7th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy. A Tribute to Jay Haley. Phoenix. Arizona. USA. (7 - 12 December 1999). Basic and Advanced Training in Ericksonian Hypnosis and Psychotherapy. Supervisors - Dr J K Zeig, Dr E Rossi and Dr S Gilligan
- 2000: 15th International Congress of Hypnosis. München. Germany. (3 - 6 October 2000). Basic and advanced training in Ego State Therapy and Ericksonian approaches. Supervisors - Dr C Frederick, Prof J G Watkins and Mrs H H Watkins, Dr A Tamalonis and Dr J K Zeig

- 2002 (March): Milton Erickson Gesellschaft für klinische Hypnose. Vierte Kindertagung "Hypnotherapeutische und Systemische Konzepte für die Arbeit mit Kindern und Jugendlichen". (20 - 23 March 2002). Advanced Training in Ericksonian Approaches with Children. Heidelberg, Germany. Supervisors - Bernhard Trenkle and Dr Camilo Lorio
- 2002 (September): 9th Congress of the European Society of Hypnosis. Hypnosis and the Other Therapeutic Modalities in the New Millennium. Rome. Italy. (25 - 29 September 2002). Advanced training in Ego State and Ericksonian Approaches to hypnosis and psychotherapy. Supervisors - Dr C Frederick, Bernhard Trenkle (Dipl-Psych) and Dr J K Zeig
- 2003 (March): The First World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future. (20 - 23 March 2003). Advanced Training in Ego State Therapy and Ericksonian Approaches to Substance Abuse. Supervisors - Dr C Frederick, Dr M Phillips, Prof J G Watkins and Dr A Tamalonis
- 2003: Internship - Clinical Psychology: Adult Neuropsychology. Rand Afrikaans University / Vista Psychiatric Clinic. Supervisors - Dr Johan Benadé and Dr B Mallinson
- 2003 (July): Advanced course in Neuropsychological assessment: Theory and practice. Johannesburg. South Africa. (21 - 25 July 2003). Supervisor - Dr R Sugarman
- 2004 (June): Impact Therapy Techniques for Individual Therapy, Group, Couple and Family Therapy. Rottweil, Germany. (24 - 27 June 2004). Supervisor - Dr Danie Beaulieu (Ph.D)
- 2004 (June): Fundamental Training in Eye Movement Integration (EMI). Rottweil, Germany. (28 - 30 June 2004). Supervisor - Dr Danie Beaulieu (Ph.D)
- 2005 (July): Advanced Training in Eye Movement Integration (EMI). Rottweil, Germany. (1 - 3 July 2005). Supervisor - Dr Danie Beaulieu (Ph.D)
- 2005 (November): Supervision in Eye Movement Integration (EMI). Heidelberg, Germany. (3 - 6 November 2005). Supervisor - Dr Danie Beaulieu (Ph.D)

- 2005 (November): Fundamental Training in Energy Psychology (EDxTM). Heidelberg, Germany. (8 - 10 November 2005). Supervisor - Dr med Eugen Kauffmann-Thomassen (MD)
- 2006 (May): Supervision in Eye Movement Integration (EMI). Rottweil, Germany. (10 - 12 May 2006). Supervisor - Danie Beaulieu (Ph.D)
- 2007 (May): Workshop: An Introduction to the Nature of Trauma. Pretoria, South Africa. (18 - 19 May 2007). Supervisor - Dr Bessel van der Kolk (MD)
- 2007 (October): Workshop: Treating Depression: Integrating Hypnotic, Cognitive, Behavioural and Strategic Approaches. (22 and 23 October 2007). Supervisor - Dr Michael D Yapko (PhD)
- 2009 (August): Fundamental Intensive Training in Mindfulness Based Cognitive Therapy. Pretoria, South Africa. (14 - 15 August 2009). Supervisor - Lorraine de Raay (MA. Clin Psych)
- 2009 (August): Workshop: Positive Psychology in Practice. Pretoria, South Africa. (29 August 2009). Supervisor - Dr Tharina Guse (Ph.D)
- 2011 (May): Fundamental Training in Somatic Experiencing. Part I (6 days). Pretoria, South Africa. (18 - 24 May 2011). Supervisor - Dr Maggie Phillips (Ph.D)
- 2012 (February): Fundamental Training in Somatic Experiencing. Part II (6 days). Pretoria, South Africa. (22 – 28 February 2012). Supervisor - Dr Maggie Phillips (Ph.D)

<p style="text-align: center;">Scientific Lectures, Papers and Workshops Presented</p>

- 14 - 20 August 1993: Ego State Therapy with Sexually Traumatized Children. Paper presented at the 6th European Congress of Hypnosis in Vienna, Austria

- 6 - 12 August 1994: Ego State Therapy with Sexually Traumatized Children. Paper presented at the 13th International Congress of Hypnosis in Melbourne, Australia
- 15 - 19 October 1995: The Use of Ego State Therapy in the Treatment of Somatic Reactions to Trauma. Paper presented at the 1st Africa Congress in Clinical Hypnosis and Psychosomatic Medicine at Sun City, South Africa
- 21 - 27 June 1997: The Language of Ego States. Paper presented at the 14th International Congress of Hypnosis in San Diego, California, USA
- 21 - 27 June 1997: Advanced Techniques of Ericksonian Utilization: The Use of Symptom Words, Figures of Speech and Sequences in Guiding Ego States' Associations. Paper presented at the 14th International Congress of Hypnosis in San Diego, California, USA
- 13 - 15 August 1997: From Symptoms to Allies: An Ericksonian Utilization Approach in the Treatment of Sexual Orientation Distress. Paper presented at the 3rd National Congress of the Psychological Society of South Africa in Durban, South Africa
- 8 July 1998: Ericksonian Hypnotherapeutic Interventions with Stutterers. Paper presented at the 5th World Congress for People who Stutter in Johannesburg, South Africa
- 12 - 14 August 1998: The Language of Ego States. Paper presented at the 4th National Congress of the Psychological Society of South Africa in Durban, South Africa
- 25 - 29 November 1998: Paradoxical Interventions in Ego State Therapy. Paper presented at the 3rd European Congress on Ericksonian Hypnosis and Psychotherapy in Venice, Italy
- 11 - 13 August 1999: Ericksonian Methods: The Essence of the Story. Paper presented at the 5th National Congress of the Psychological Society of South Africa in Durban, South Africa
- 14 - 19 August 1999: The Utilization of Ego State Patterns of Self-Expression in the Treatment of Aphonic Conversion Reactions. Paper presented at the 8th European Congress on Hypnosis in

Psychotherapy and Psychosomatic Medicine in Noordwijkerhout,
The Netherlands

- 7 - 12 December 1999: Ericksonian Approaches to the Treatment of Stuttering and other Communication Disorders. Paper presented at the 7th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy in Phoenix, Arizona, USA
- 17 - 18 December 1999: Ego State Therapy. Theory and Practice. Workshop presented at the Milton Erickson Institute of Rottweil, Germany
- 21 December 1999: Hypnose und Stottertherapie. Workshop presented at the Milton Erickson Institute of Heidelberg, in Heidelberg, Germany
- 15 - 18 August 2000: Ericksonian Approaches to Hypnosis and Psychotherapy. Workshop presented at the 6th National Congress of the Psychological Society of South Africa, in Johannesburg, South Africa
- 29 - 30 September 2000: Ericksonian and Ego State Therapy Techniques with Stutterers. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 3 - 6 October 2000: Symposium on Ego State Therapy and Festschrift in honour of Prof J G Watkins. Ego State Therapy: Then and Now. Towards a Naturalistic Utilization Approach. Paper presented at the 15th International Congress of Hypnosis in München, Germany
- 3 - 6 October 2000: The Utilization of Ego State Patterns of Self-Expression in the Treatment of Aphonic Conversion Reactions. Paper presented at the 15th International Congress of Hypnosis in München, Germany
- 3 - 6 October 2000: The Identification and Utilization of Symptom Phenomena as Trance Phenomena in Ego State Therapy. Advanced workshop presented at the 15th International Congress of Hypnosis in München, Germany
- 27- 29 June 2001. Ericksonian Hypnosis and Psychotherapy. Workshop presented at the 1st National Conference of the South

African Association for Psychotherapy in Grahamstown, Rhodes University, Eastern Cape, South Africa

- 20 - 23 March 2002: Ericksonian Interventions in the Treatment of Childhood Stuttering. Advanced workshop presented at the Vierte Kindertagung "Hypnoterapeutische und Systemische Konzepte für die Arbeit mit Kindern und Jugendlichen" at the University of Heidelberg, in Heidelberg, Germany
- 20 - 23 March 2002: Das traumatisierte Selbst in hypnotischer Ego-State Therapie mit Kindern. Advanced workshop presented at the Vierte Kindertagung "Hypnoterapeutische und Systemische Konzepte für die Arbeit mit Kindern und Jugendlichen" at the University of Heidelberg, in Heidelberg, Germany
- 25 - 29 September 2002: Symposium: A Celebration of the Life of Helen H. Watkins. Paper presented at the 9th Congress of the European Society of Hypnosis in Rome, Italy
- 31 October - 1 November 2002: Sexual Abuse: An Ericksonian Perspective. Keynote Address presented at the First South African Conference on Sexual Abuse in Pretoria, South Africa
- 31 October - 1 November 2002: Ego State Interventions in the Treatment of Sexual Abuse Victims. Workshop presented at the First South African Conference on Sexual Abuse in Pretoria, South Africa
- 31 October - 1 November 2002: The False Memory Syndrome: Fact or Fiction? Member of a Panel Discussion at the First South African Conference on Sexual Abuse in Pretoria, South Africa
- 20 - 23 March 2003: Celebrating Jack and Helen Watkins. Keynote Address presented at the 1st World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 20 - 23 March 2003: Ego State Therapy: Foundations workshop presented at the 1st World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 20 - 23 March 2003: Ericksonian Approaches to Ego State Therapy. Intermediate workshop presented at the 1st World

Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany

- 20 - 23 March 2003: Ego State Therapie - Jetzt und Früher. Entwicklung eines Naturalistischen Utilisations Ansatzes. Ein Tribut an John G Watkins. Paper presented in German at the 1st World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 20 - 23 March 2003: The Making of an Ego State Therapist. Member of the closing panel discussion at the 1st World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 24 - 26 June 2003: Paradoxical Interventions in Ego State Therapy. Paper presented at the 2nd South African Conference for Psychotherapy in Grahamstown, Rhodes University, Eastern Cape, South Africa
- 24 - 26 June 2003: The Neglected Self in Hypnotic Ego State Therapy. Workshop presented at the 2nd South African Conference for Psychotherapy in Grahamstown, Rhodes University, Eastern Cape, South Africa
- 29 April - 2 May 2004: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 6 May - 9 May 2004: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 12 June 2004: Winning the Mind Game: Hypnotic and Self-Hypnosis Interventions in Sport Psychology. The High Performance Athlete. Paper presented at the Strength and Conditioning Symposium in Pretoria, University of Pretoria, Gauteng, South Africa
- 30 June - 3 July 2004: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany

- 4 July - 7 July 2004: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, Germany
- 18 November - 21 November 2004: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 1 December - 5 December 2004: The Resourceful Self in Hypnotic Ego State Therapy: A New Ericksonian Approach. Workshop presented at the 9th International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy in Phoenix, Arizona, USA
- 10 February - 13 February 2005: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, Germany
- 22 June - 26 June 2005: An Introduction to Hypnotic Ego State Therapy. Workshop presented at the 4th European Congress of Ericksonian Hypnosis and Psychotherapy at the University of Krakow, in Krakow, Poland
- 22 June - 26 June 2005: Weaving New Identity Complexes from Conflicting Ego States. Workshop presented at the 4th European Congress of Ericksonian Hypnosis and Psychotherapy at the University of Krakow, in Krakow, Poland
- 22 June - 26 June 2005: The Happy Little Girl and the Forgotten German Major: The Retrieval of Traumatic Memories of a Holocaust Survivor. Workshop co-presented with Prof Mia Roth (Ph.D) at the 4th European Congress of Ericksonian Hypnosis and Psychotherapy at the University of Krakow, in Krakow, Poland
- 7 July - 10 July 2005: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 29 October - 30 October 2005: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Berliner Fortbildungs Akademie in Steglitz, Berlin, Germany
- 3 November - 11 November 2005: The Resourceful Self in Hypnotic Ego State Therapy with Children: A New-Ericksonian

Approach. Workshop presented at the 5th Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany

- 3 November - 11 November 2005: Fundamental Training Workshop in Ego State Therapy presented at the 5th Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 3 November - 11 November 2005: Neue Horizonte in der Ego-State-Therapie mit Kindern: Fortgeschrittene Anwendungen und Integrationsmöglichkeiten. Workshop presented at the 5th Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 19 February - 20 February 2006: The Arts as Ego State Metaphor. Workshop presented at The Best of Psychotherapy: A Congress. Mabula Private Game Lodge, South Africa
- 22 February - 25 February 2006: Weaving New Identity Complexes from Resourceful Ego States. Workshop presented at The Changing Faces of Psychotherapy: A Congress & United We Stand: The Second World Congress on Ego State Therapy. CSIR, Pretoria, South Africa
- 28 February & 1 March 2006: Das Generative Selbst in Hypnotische Psychotherapie. Workshop presented at the Cape of Good Hope Congress, Erinvale, Somerset West, South Africa
- 23 March - 26 March 2006: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 27 March & 28 March 2006: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 30 March 2006 - 2 April 2006: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 10 May - 12 May 2006: Co-presenter of the Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented with Danie Beaulieu Ph.D at the Milton Erickson Institute of Rottweil in Rottweil, Germany

- 18 May 2006: Cumulative Stress and Post Traumatic Stress Disorder of the Professional. Paper presented at the 7th Annual National Congress of the South African Professional Society on the Abuse of Children. University of Pretoria, Pretoria, South Africa
- 2 October - 5 October 2006: Fundamental Intensive Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Workshop presented at the University of Fort Hare in East London, South Africa
- 16 November - 19 November 2006: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 20 November 2006: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 21 November 2006: Eye Movement Integration (EMI) Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 23 November - 26 November 2006: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 22 February - 25 February 2007: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Freiburg, Germany
- 28 February - 2 March 2007: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 12 - 15 March 2007: Fundamental Intensive Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Workshop presented at the University of Fort Hare in East London, South Africa
- 16 May 2007: The Creative Use of Hypnosis and Collages for Childhood Trauma. Lecture presented at the 8th Annual National

Child Abuse Conference of the South African Professional Society on the Abuse of Children (SAPSAC) in Pretoria, South Africa

- 17 May 2007: Nurturing the Professional Self - A Practical Experience. Workshop co-presented with Elzette Fritz (D.Ed) at the 8th Annual National Child Abuse Conference of the South African Professional Society on the Abuse of Children (SAPSAC) in Pretoria, South Africa
- 8 - 10 June 2007: Co-presenter of the Advanced Intensive Training in Eye Movement Integration (EMI-II). Workshop presented with Danie Beaulieu Ph.D at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 12 - 13 June 2007: Ego State Therapy and the Treatment of Trauma. Workshop presented at the Polski Instytut Ericksonowski in Lodz, Poland
- 16 - 23 June 2007: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Polski Instytut Ericksonowski's Conference in Wigry, Poland
- 16 - 23 June 2007: Advanced Intensive Training in Ego State and Ericksonian Approaches in Working with Sexually Traumatized Children. Workshop presented at the Polski Instytut Ericksonowski's Conference in Wigry, Poland
- 16 - 23 June 2007: Ego State Therapy Supervision. Workshops presented at the Polski Instytut Ericksonowski's Conference in Wigry, Poland
- 25 October 2007: Mentale Stärken und erfahrene Lösungen: Apartheid, Rassismus und die Angst vor dem Fremdem überwinden. Keynote address presented at the 1st Mentale Stärken Congress in Heidelberg, Germany
- 26 October 2007: Awakening, Strengthening and Flourishing: Ego-Strengthening within the context of Sport Psychology. Workshop presented at the 1st Mentale Stärken Congress in Heidelberg, Germany
- 27 October 2007: Erwecken, Bestärken und Nähren: Ich-Stärkung im Bereich der Sportpsychologie. Workshop presented at the 1st Mentale Stärken Congress in Heidelberg, Germany

- 16 November 2007: Hypnose in der Ego-State Therapie. Workshop presented at the Annual Conference of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 20 - 21 November 2007: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 22 - 25 November 2007: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 27 - 28 November 2007: Advanced Intensive Training in Ego State Therapy with Sexually Traumatized Children and Adults. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 29 November - 2 December 2007: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 7 March 2008: Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. Keynote Address presented at the South African Congress on Trauma: Contemporary Psychotherapeutic Approaches in George, South Africa
- 8 March 2008: Understanding Trauma-Related Structural Dissociation of the Personality: Contemporary Research. Workshop presented at the South African Congress on Trauma: Contemporary Psychotherapeutic Approaches in George, South Africa
- 5 May 2008: An Introduction to Ego State Therapy. Workshop presented at the 5th Nepalese-German International Medical Conference in Kathmandu, Nepal
- 6 May 2008: Froth on the Cappuccino: Healing the Scars of Racism. Keynote Address presented at the 5th Nepalese-German International Medical Conference in Kathmandu, Nepal

- 6 May 2008: You will always be in my Heart: Grief as a Resource in Ego State Therapy. Workshop presented at the 5th Nepalese-German International Medical Conference in Kathmandu, Nepal
- 10 May 2008: Eye Movement Integration (EMI) for Overcoming Trauma. Workshop presented at the 5th Nepalese-German International Medical Conference in Kathmandu, Nepal
- 12 May 2008: Einführung in der Ego-State Therapie. Workshop presented at the 5th Nepalese-German International Medical Conference in Pokhara, Nepal
- 14 May 2008: Du wirst immer in meinem Herzen sein: Trauer als Ressourcen in der Ego-State Therapie. Workshop presented at the 5th Nepalese-German International Medical Conference in Pokhara, Nepal
- 19 June 2008: Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. Keynote Address presented at the 5th African Conference on Psychotherapy at the University of Limpopo, Turfloop Campus, South Africa
- 19 June 2008: Understanding Trauma-Related Structural Dissociation of the Personality: Contemporary Research. Workshop presented at the 5th African Conference on Psychotherapy at the University of Limpopo, Turfloop Campus, South Africa
- 17 September 2008: Homo-Sapiens oder Hetero-Sapiens oder beides?: Utilisation von ressourcen-reichen Ego-States in der Behandlung von sexuellen Orientierungsstörungen. Invited Address presented at the 11th Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 18 September 2008: Straight Guys with Queer Eyes: The Utilization of Resourceful Ego States the Treatment of Sexual Orientation Distress. Keynote Address presented at the 11th Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria

- 18 September 2008: Eye Movement Integration: A New Technique to Overcome Recurrent and Negative Traumatic Memories. Workshop presented at the 11th Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 19 September 2008: Bringing out the Best in Your Traumatized Clients: An Ego State Approach. Workshop presented at the 11th Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 19 September 2008: The Fundamentals of Ego State Therapy. Workshop presented at the 11th Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 20 September 2008: Ego State Therapie: Theorie und Praxis: Ein Einführungsseminar. Workshop presented at the 11th Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 25 - 28 September 2008: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 30 September 2008: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 4 - 5 October 2008: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 3 - 4 November 2008: Re-parenting and re-mothering Techniques in the Treatment of Complex Trauma and Borderline Personality Disorder. Advanced workshop presented at the Ego State Arbeitsgruppe Deutschland in Nürnberg, Germany
- 6 - 8 November 2008: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Swiss Society for Clinical Hypnosis in Chur, Switzerland

- 9 - 11 November 2008: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 13 November 2008: Western Psychology and Traditional Healing in South Africa. Invited Address presented at the Congress of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 14 November 2008: Ego State Therapie: Ein Einführungsseminar. Workshop presented at the Congress of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 17 November 2008: Ego State Therapie und der Umgang mit gewaltsamen Ich-Anteilen. Invited Address presented at the Institut für Bildungsphilosophie, Anthropologie und Pädagogik der Lebensspanne, at the Universität zu Köln, Germany
- 17 November 2008: Mentales Stärken und erfahrene Lösungen: Apartheid, Rassismus und die Angst vor dem Fremden überwinden. Invited Address presented at the Institut für Bildungsphilosophie, Anthropologie und Pädagogik der Lebensspanne, at the Universität zu Köln, Germany
- 19 November 2008: Ego State Therapy Supervision. Advanced workshop presented at The Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 20 - 23 November 2008: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 21 - 22 March 2009: Fundamental Intensive Training in Ego State Therapy: The State of the Art. Workshop presented at the Swedish Society of Clinical Hypnosis in Malmö, Sweden
- 24 - 25 March 2009: You will Always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany

- 2 - 3 May 2009: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria.
- 7 - 10 May 2009: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 11 - 12 May 2009: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 13 - 14 May 2009: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 21 May 2009: Eye Movement Integration: A New Technique to Overcome Recurrent and Negative Traumatic Memories. Workshop presented at the 20th Anniversary Congress of the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 22 May 2009: Ego State Therapie: Ein Einführungsseminar. Workshop presented at the 20th Anniversary Congress of the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 4 June 2009: Self-hypnosis in the Treatment of Anxiety Disorders. Advanced Workshop presented at the Milton H. Erickson Institute of South Africa, in Pretoria, South Africa
- 19 June 2009: You will Always be in my Heart: Grief as a Resource in Ego State Therapy. Workshop presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada
- 19 June 2009: Awakening, Strengthening and Flourishing: Ego State Therapy and Sport Psychology. Workshop presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada
- 20 June 2009: Ego State Therapy: An Advanced Workshop. Workshop presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada

- 20 June 2009: Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. Keynote Address presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada
- 9 September 2009: Ego State Therapy Supervision. Advanced workshop presented at The Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 10 - 12 September 2009: Advanced Intensive Training in Ego State Therapy. Workshop presented at The Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 14 September 2009: Ego State Therapy Supervision. Advanced workshop presented at The Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 15 - 16 September 2009: Advanced Intensive Training in Ego State Therapy. Workshop presented at The Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 22 September 2009: You will Always be in my Heart: Grief as a Resource in Psychotherapy. Advanced Workshop presented at the 18th Triennial Congress of the International Society of Hypnosis – Hypnosis and Neuroscience, in Rome, Italy
- 25 September 2009: Straight Guys with Queer Eyes: The Utilization of Resourceful Ego States in the Treatment of Sexual Orientation Distress. Paper presented at the 18th Triennial Congress of the International Society of Hypnosis – Hypnosis and Neuroscience, in Rome, Italy
- 29 October 2009: Einführung in die Ego-State-Therapie. Workshop presented at the 6th Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 31 October 2009: Trauer und Verlust bei Kindern - Ego-State-Therapie und Ericksonsche Techniken. Workshop presented at the 6th Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany

- 1 November 2009: Eye Movement Integration. Workshop presented at the 6th Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 2 November 2009: Ego State Therapy with Children and the Child Within. Workshop co-presented with Maggie Phillips (Ph.D) at the Milton Erickson Institute of Heidelberg, in Heidelberg, Germany
- 7 - 8 November 2009: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 11 November 2009: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 12 - 15 November 2009: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 4 February 2010: Eye Movement Integration for Overcoming Trauma. Workshop presented at The Changing Faces of Psychotherapy: A Congress: The Third World Congress on Ego State Therapy. Sun City, South Africa
- 5 February 2010: Are Introjects Ego States? Issues and Answers. Panel discussion at the Third World Congress on Ego State Therapy. Sun City, South Africa
- 6 February 2010: Long Walk to Freedom for the Rainbow Nation: Conquering Apartheid, Racism, Sexism and Xenophobia. Keynote Address presented at the Third World Congress on Ego State Therapy. Sun City, South Africa
- 9 February 2010: You will Always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at The Cape of Good Hope Congress. Stellenbosch, South Africa
- 10 February 2010: Straight Guys with Queer Eyes: The Utilization of Resourceful Ego States in the Treatment of Sexual Orientation Distress. Workshop presented at The Cape of Good Hope Congress. Stellenbosch, South Africa

- 9 - 11 March 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 12 March 2010: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 13 - 14 March 2010: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16 - 17 March 2010: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 18 - 19 March 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 20 - 21 March 2010: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 24 - 25 March 2010: Bringing out the Best in your Traumatized Clients: An Ego State Approach. Workshop presented at the Danish Society of Clinical Hypnosis, in Copenhagen, Denmark
- 17 July 2010: Contemporary Perspectives on Child Psychotherapy. Workshop presented at the Milton H. Erickson Psychotherapy Society of South Africa in Pretoria, South Africa
- 11 - 12 September 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 13 - 15 September 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Swiss Society of Clinical Hypnosis in Chur, Switzerland
- 16 - 19 September 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Freiburg, Germany

- 16 October 2010: Trauma in South Africa: New Challenges. Workshop presented at the Milton H. Erickson Psychotherapy Society of South Africa in Pretoria, South Africa
- 19 - 20 October 2010: You will Always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at the Danish Society of Clinical Hypnosis, in Copenhagen, Denmark
- 22 October 2010: The Influence of Trauma on Musicians. Workshop co-presented with Inette Swart (D.Mus) at the 2nd Mentale Stärken Congress in Heidelberg, Germany
- 23 October 2010: Mary Poppins: "Anything can Happen when you Let It": Utilizing famous mantra-like statements to succeed in sport, politics, business and in life! Paper presented at the 2nd Mentale Stärken Congress in Heidelberg, Germany
- 25 October 2010: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 26 October 2010: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 27 - 28 October 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 30 - 31 October 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 12 November 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Annual Conference of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 15 - 16 November 2010: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany

- 17 November 2010: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 19 - 20 November 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Aachen, in Aachen, Germany
- 15 - 18 January 2011: Intermediate Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at Peking University Psychotherapy Centre, Beijing, China
- 19 - 20 January 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at Peking University Psychotherapy Centre, Beijing, China
- 4 - 6 March 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 7 - 9 March 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Swiss Society of Clinical Hypnosis in Chur, Switzerland
- 10 - 12 March 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Swiss Society of Clinical Hypnosis in Chur, Switzerland
- 14 March 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 15 - 16 March 2011: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 17 - 19 March 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 23 - 25 March 2011: Fundamental Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa

- 28 - 29 March 2011: Fundamental Intensive Training in Eye Movement Integration. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 16 - 17 June 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 18 - 19 June 2011: You will Always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 20 June 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 22 June 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 23 - 25 June 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 27 - 28 June 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 30 June 2011 - 2 July 2011: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Freiburg, Germany
- 3 - 5 July 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 8 July 2011: Invited Address. "Ego State Therapy: The State of the Art". Paper presented at the Psychiatric Institute in Chiemsee, Germany
- 1 - 3 August 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the University of Johannesburg

for Masters and Doctoral level students. Johannesburg, South Africa

- 14 September 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 15 - 16 September 2011: Advanced Master Class in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 17 - 18 September 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 6 October 2011: Ethical Practice in Therapeutic Psychology: Workshop presented at the Psychology Department, University of Stellenbosch, in Stellenbosch, South Africa
- 4 - 6 November 2011: Intermediate Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 7 - 8 November 2011: Intermediate Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 9 November 2011: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 10 November 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 11 - 13 November 2011: Intermediate Intensive Training in Ego State Therapy (EST). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 14 - 16 November 2011: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany

- 17 - 19 November 2011: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 20 November 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 23 November 2011: Fundamental Training in Ego State Therapy. Pre-Congress workshop presented at the Teile Therapie Tagung (Parts Therapy Congress) and the 4th World Congress in Ego State Therapy, in Heidelberg, Germany
- 24 November 2011: Snakes in Disguise: The Psychology of Evil. Keynote Address presented at the Teile Therapie Tagung (Parts Therapy Congress) and the 4th World Congress in Ego State Therapy, in Heidelberg, Germany
- 26 November 2011: Ego-State und Transaktionsanalyse – Gemeinsamkeiten und Unterschiede. Panel discussion at the Teile Therapie Tagung (Parts Therapy Congress) and the 4th World Congress in Ego State Therapy, in Heidelberg, Germany
- 7 March 2012: Invited Address. “Trauer und Verlust”. Paper presented at the Psychiatric Institute in Chiemsee, Germany
- 9 - 11 March 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 12 March 2012: Ego State Therapy Supervision. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 15 - 17 March 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 19 March 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany

- 20 - 21 March 2012: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 23 - 24 March 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 25 March 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 28 - 29 March 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Trauma Institute of Praha, in Praha, Czech Republic
- 2 April 2012: Invited Address. Ego State Therapy: The State of the Art. Paper presented at the Zhejiang University, in Hangzhou, China
- 4 - 5 April 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at Zhejiang University, in Hangzhou, China
- 6 - 8 April 2012: Advanced Intensive Training in Ego State Therapy. Workshop presented at Zhejiang University, in Hangzhou, China
- 9 April 2012. Invited Address. Ego State Therapy: The State of the Art. Paper presented at Peking University Psychotherapy Centre in Beijing, China
- 23 - 25 April 2012: Fundamental Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 7 - 9 May 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa

- 7 - 9 June 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Institute for Systemic Development and Training in Zürich, Switzerland
- 12 - 13 June 2012: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Trauma Institute of Praha, in Praha, Czech Republic
- 15 June 2012: Apartheid, Racism, Sexism and Xenophobia. Keynote address presented at the 2nd Hypnosystemic Congress in Zürich, Switzerland
- 15 June 2012: Fundamental Training in Eye Movement Integration (EMI). Workshop presented at the 2nd Hypnosystemic Congress in Zürich, Switzerland
- 16 - 17 June 2012: Advanced Master Class in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 18 June 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 21 June 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 22 - 24 June 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 25 - 26 June 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 29 June - 1 July 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 3 - 4 July 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany

- 5 July 2012: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany.
- 7 - 9 July 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 10 July 2012: Ego State Therapy Supervision. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 11 July 2012: Advanced Intensive Training in Ego State Therapy. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 13 - 14 July 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute in Zürich, Switzerland.
- 6 - 8 August 2012: Intermediate Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 3 - 5 September 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa

Publications

Frederick, C., Hartman, W., Morton, P., Phillips, M., Watkins, J.G. & Wemple, J. (2002). A Celebration of the Life of Helen Huth Watkins. *American Journal of Clinical Hypnosis*, 45, 79-87.

Fritzsche, K. & Hartman, W. (2010). Einführung in die Ego-State-Therapie. Heidelberg: Carl-Auer-Systeme Verlag.

- Guse, T., Wissing, M.P. & Hartman, W. (2006). The Effect of a Prenatal Hypnotherapeutic Programme on Postnatal Maternal Psychological Well-Being. *Journal of Reproductive and Infant Psychology*, 24, 2, 163-177.
- Guse, T., Wissing, M.P. & Hartman, W. (2006). A Prenatal Hypnotherapeutic Program to Enhance Postnatal Psychological Wellbeing. *Australian Journal of Clinical and Experimental Hypnosis*, 34, 1, 27 - 40.
- Hartman, W. (1988). *Career Guidance with Urban Black Children. Master's thesis in Educational Psychology.* Rand Afrikaans University.
- Hartman, W. (1994). *Ego State Therapy with Sexually Traumatized Children.* Doctoral dissertation. University of Pretoria.
- Hartman, W. (1995a). *Ego State Therapy with Sexually Traumatized Children.* Pretoria: Kagiso Publishers.
- Hartman, W. (1995b). Ego State Therapy with Sexually Traumatized Children. In G.D. Burrows & R. Stanley (Eds.), *Contemporary International Hypnosis*, Proceedings of the 13th International Congress of Hypnosis, Melbourne, Australia, August 6-12, 1994, (pp. 149-158). Chichester: John Wiley & Sons.
- Hartman, W. (1995c). *The Use of Ego State Therapy in the Treatment of Somatic Reactions to Trauma.* Proceedings of the 1st Africa Congress in Clinical Hypnosis and Psychosomatic Medicine, Sun City, South Africa, October 15-19, 1995.
- Hartman, W. (1998). Advanced Techniques of Ericksonian Utilization: The Use of Symptom Words, Figures of Speech and Sequences in Guiding Ego States' Associations. *Hypnos. Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine*, 24, 206-212.
- Hartman, W. (2001). The Utilization of Ego State Patterns of Self-Expression in the Treatment of Aphonic Conversion Reactions. *Hypnos. Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine*, XXVII, 4-10.
- Hartman, W. (2002). Ego State Therapy - Then and Now: Towards a Naturalistic Utilization Approach. A Tribute to John. G. Watkins.

Hypnos. Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine, XXIX, 52-58.

Hartman, W. (2008). Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. *HypnosNytt*, 3, 7-16.

Hartman, W. (2009). Straight Guys with Queer Eyes: The Utilization of Opposing Ego States in the Treatment of Trauma-Related Sexual Orientation Distress. *Tidsskrift for Klinisk Hypnose*, 2, 13 - 22.

Hartman, W. (2009). Straight Guys with Queer Eyes: The Utilization of Opposing Ego States in the Treatment of Trauma-Related Sexual Orientation Distress. *HypnosNytt. Swedish Journal of Clinical Hypnosis*, 3, 3-13.

Hartman, W. (2010). *Einführung in die Ego-State-Therapie*. Heidelberg: Carl-Auer Verlag.

Hartman, W. (2012). Leave a trail of wisdom. A Tribute to John G Watkins Ph.D. *Tidsskrift for Klinisk Hypnose*, Nr 1, Maj 2012, 30.

<p>Professional Societies / Activities</p>

- Member of the Psychological Society of South Africa (1987 - 2000)
- Member of the South African Society of Clinical Hypnosis (1988 - 2000)
- Member of the Executive Committee of the South African Society of Clinical Hypnosis (1994-2000)
- Member of the Training Committee of the South African Society of Clinical Hypnosis (1994-2000)
- Member of the Ericksonian and Ego State Interest Group of the South African Society of Clinical Hypnosis (1994 - 2000)
- Chairman of the Ericksonian and Ego State Interest Group of the South African Society of Clinical Hypnosis (1995-1999)

- Member of the Examination Board of the South African Society of Clinical Hypnosis (Intermediate and Advanced courses, Diplomate examination)(1994-2000)
- Member of the International Society of Hypnosis
- Member of the Professional Board for Psychology. Health Professions Council of South Africa. Five year term (1999-2003)
- Member of the Education Committee of the Professional Board for Psychology. Health Professions Council of South Africa (2001 - 2002)
- Member of the Editorial Advisory Board of Hypnos, the Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine (1995 - 2000)
- Convener of the 1st Africa Congress in Clinical Hypnosis and Psychosomatic Medicine at Sun City, South Africa (15 - 19 October 1995)
- Convener of the scientific meeting and advanced workshop: Hypnotic Interventions: Comparing the Techniques of the Masters. The South African Society of Clinical Hypnosis. Pretoria. South Africa (15 - 20 March 1997)
- Convener of the scientific meeting and workshops: Ericksonian Approaches to Hypnosis and Psychotherapy. The 6th National Congress of the Psychological Society of South Africa in Johannesburg, South Africa (15 - 18 August 2000)
- Teaching the annual intensive training programmes of the South African Society of Clinical Hypnosis. Elementary course in Clinical Hypnosis, Intermediate and Advanced courses in Ego State Therapy and Ericksonian Approaches to Hypnosis and Psychotherapy (1993 - 2000)
- Convener and Chair of the First South African Conference on Sexual Abuse, Pretoria, South Africa (31 October - 1 November 2002)

- Convener and Chair of the First World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future. Bad Orb, Germany (20 - 23 March 2003)
- Convener and Chair of The Best of Psychotherapy: A Congress. Mabula Private Game Lodge, South Africa (19 & 20 February 2006)
- Convener and Chair of The Changing Faces of Psychotherapy: A Congress & United we Stand: The Second World Congress on Ego State Therapy. Pretoria, South Africa (22 - 25 February 2006)
- Convener and Chair of The Cape of Good Hope Congress. Erinvale, Somerset West, Cape Town (28 February & 1 March 2006)
- Convener and Co-Chair of The Changing Faces of Psychotherapy: A Congress - Including the Third World Congress on Ego State Therapy. Sun City, South Africa (4 - 7 February 2010)
- Convener and Chair of The Cape of Good Hope Congress. Stellenbosch, Cape Town (9 - 11 February 2010)
- Co-Convener and Co-Chair of The Parts Therapy Congress - Including The Fourth World Congress on Ego State Therapy. Heidelberg, Germany (23 - 27 November 2011)
- Director and Founding Member of the Milton H. Erickson Institutes of South Africa / MEISA (Since 2000)
- President and Founding Member of the Milton H. Erickson Psychotherapy Society of South Africa / MEPSSA (Since 2010)
- President of Ego State Therapy International (ESTI) (Since 2011)
- Visiting lecturer and Senior Research Fellow at the University of Johannesburg (Since 2012)
- Teaching the annual intensive training programmes of the Milton H Erickson Institutes of South Africa. Fundamental, intermediate and advanced training courses in clinical hypnosis, Ego State Therapy, Eye Movement Integration and Ericksonian approaches to hypnosis and psychotherapy (Since 2000)

- Supervisor of Masters and Doctoral level students at various universities in South Africa and specifically at the University of Johannesburg
- Member of the Executive Committee of the National Council of the South African Professional Society Against Abuse of Children (SAPSAC) (2002 - 2007)
- Expert witness in various court cases (custody, divorce and criminal) in South Africa
- Sport psychologist for the following international athletes: Jacques Freitag (world champion in high jump, 2002-2004); Pieter de Villiers (400 m hurdles, 2008, Beijing Olympics); Pieter Smith (relays, Beijing Olympics)
- Sport psychologist for the following international teams: The South African underwater hockey team (2006); The South African Paragliding team (Since 2000)
- 17 September 2008. Guest Speaker on Radio Vienna, Austria. Topic: Hypnosis and Hypnotherapy
- Regular Guest Speaker on the Afrikaans Radio in South Africa on Topics of Hypnosis, Hypnotherapy, Apartheid, Racism and Xenophobia

<p>Supervision of Masters and Doctoral Dissertations / Theses</p>
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- External examiner - Masters dissertation: S J van der Merwe. 'n Terapeutiese Program vir die Gesin met 'n Chroniese Siek Ouer. 2002. University of South Africa
- External examiner - Masters dissertation: H A Swiegers. Alternatiewe Tugmaatreëls vir die leergereemde adollesent. 2002. University of South Africa
- Supervisor - Doctoral dissertation: T Guse. The Effect of a Prenatal Hypnotherapeutic Programme on Postnatal Maternal Psychological Well-Being. 2003. University of Potchefstroom

- External examiner - Masters dissertation: B M Diale. Black Adolescents and Domestic Violence: An Exploratory Study using Solution Focused Group Therapy. 2003. Rand Afrikaans University
- External examiner - Doctoral dissertation: A C Botha. Seksuele Molestering: 'n Salutogeniese Perspektief. 2004. Rand Afrikaans University
- External examiner - Masters dissertation: L Engelbrecht. Unique Outcomes in the Life Stories of Black Adolescent Girls who were Sexually Abused.
- External examiner - Doctoral thesis (D.Phil): C Gordon. A Single-beam Positron Emission Computerized Tomography Study of Trichotillomania in terms of Cognitive Behaviour Therapy. 2007. University of the Witwatersrand
- Supervisor - Doctoral dissertation - J G F van Backström. 'n Geïntegreerde Hipnoterapeutiese Benadering tot Paternale Psigologiese Welsyn. 2007. University of Potchefstroom.
- External examiner - Masters dissertation: E Struwig. An Exploratory Study on the Usefulness of Eye Movement Integration Therapy in overcoming Childhood Trauma. 2008. University of Johannesburg.
- External examiner - Doctoral dissertation: G Fourie. An Integrated Ericksonian and Ego State Intervention Strategy at the Treatment of Survivors of Childhood Sexual Trauma. 2009. University of Johannesburg

Awards

- 1994: Award for best doctoral student. Humanities Department of the University of Pretoria
- 2009: Jay Haley Early Career Award for Innovative Contributions to Hypnosis. To Awardees Early in their Career whose Writing,

Teaching, Leadership and Clinical and Scientific Work have shown substantive Advances in the understanding of Practice of Hypnosis. Awarded by the International Society of Hypnosis on 25 September 2009 in Rome, Italy.